

BOWL BREAKDOWN RAW NRC BALANCED RECIPE

Adult Maintenance - Jan. 2020

LOW PURINE & KIDNEY DISEASE FRIENDLY

Formulated for Adult Dog Maintenance

AMOUNT		INGREDIENTS	
1	10.23 ounce → 290 gram	Pork Shoulder, Lean & Fat, Raw	
2	3.53 ounce → 100 gram	Beef Heart, Raw	
3	0.53 ounce → 15 gram	Canned Oysters in Water	
4	0.88 ounce → 25 gram	Broccoli, Raw	
5	0.88 ounce → 25 gram	Kale, Raw	
6	0.35 ounce → 10 gram	Presoaked Pumpkin Seeds	
7	0.07 ounce → 2 gram	Chia Seeds	
8	0.25 cup → 50 gram	Coconut Water	
9	1.00 qty → 17 gram	Large Chicken Egg, Without Shell	
10	1.00 tsp → 1 gram	Carlson's COD Liver Oil (1100mg)	
11	0.50 tsp → 0.9 gram	Ginger Spice	
12	0.06 ounce → 1.75 gram	Egg Shell Powder	
13	2.00 drops → 0.08 gram	NOW E Oil	
14	0.50 scoops → 0.05 gram	NOW Kelp Powder	



RECIPE ANALYSIS – AS FED

Calories	1000 kcal
Weight	19.0 ounce
Weight	538 gram
Moisture	69.92%
Protein	14.29%
Fat	13.29%
Carbohydrate	1.78%
Ash	1.06%

RECIPE ANALYSIS – DRY MATTER

Calories	1000 kcal
Weight	5.71 ounce
Weight	161.8 gram
Moisture	0.00%
Protein	47.51
Fat	44.18%
Carbohydrate	5.92%
Ash	3.52%

ESSENTIAL NUTRIENTS – AMINO ACIDS

RECIPE NUTRIENT AMOUNT

NRC RECOMMENDED ALLOWANCE

<i>NRC Essential Nutrient Guidelines for Adult Dog Maintenance</i>	<i>Per 19oz (538g) & 1000 kcal</i>	<i>Per 1000 kcal</i>
Crude Protein	76.87 gram (g)	25.03 gram (g)
Arginine	4.14 gram (g)	0.88 gram (g)
Histidine	2.11 gram (g)	0.48 gram (g)
Isoleucine	2.64 gram (g)	0.95 gram (g)
Leucine	4.59 gram (g)	1.70 gram (g)
Lysine	4.92 gram (g)	0.88 gram (g)
Methionine	1.46 gram (g)	0.83 gram (g)
Methionine + Cystine	2.19 gram (g)	1.63 gram (g)
Phenylalanine	2.37 gram (g)	1.13 gram (g)
Phenylalanine + Tyrosine	4.23 gram (g)	1.85 gram (g)
Threonine	2.54 gram (g)	1.08 gram (g)
Tryptophan	0.97 gram (g)	0.35 gram (g)
Valine	3.11 gram (g)	1.23 gram (g)

ESSENTIAL NUTRIENTS – FATTY ACIDS

RECIPE NUTRIENT AMOUNT

NRC RECOMMENDED ALLOWANCE

<i>NRC Essential Nutrient Guidelines for Adult Dog Maintenance</i>	<i>Per 19oz (538g) & 1000 kcal</i>	<i>Per 1000 kcal</i>
Total Fat	71.48 gram (g)	13.82 gram (g)
Linoleic Acid (LA)	7.88 gram (g)	2.80 gram (g)
Alpha-Linolenic Acid (ALA)	0.38 gram (g)	0.11 gram (g)
Eicosapentaenoic + Docosahexaenoic Acid (EPA+DHA)	0.99 gram (g)	0.11 gram (g)

ESSENTIAL NUTRIENTS – VITAMINS

RECIPE NUTRIENT AMOUNT

NRC RECOMMENDED ALLOWANCE

<i>NRC Essential Nutrient Guidelines for Adult Dog Maintenance</i>	<i>Per 19oz (538g) & 1000 kcal</i>	<i>Per 1000 kcal</i>
Vitamin A	471.94 microgram (mcg)	379.48 microgram (mcg)
Vitamin D	15.85 microgram (mcg)	3.40 microgram (mcg)
Vitamin E	66.02 milligram (mg)	7.51 milligram (mg)
Vitamin B1 (Thiamine)	2.62 milligram (mg)	0.56 milligram (mg)
Vitamin B2 (Riboflavin)	1.93 milligram (mg)	1.30 milligram (mg)
Vitamin B3 (Niacin)	20.05 milligram (mg)	4.26 milligram (mg)
Vitamin B5 (Pantothenic Acid)	4.86 milligram (mg)	3.75 milligram (mg)
Vitamin B6 (Pyridoxine)	1.51 milligram (mg)	0.38 milligram (mg)
Vitamin B9 (Folate & Folic acid)	75.57 microgram (mcg)	67.59 microgram (mcg)
Vitamin B12 (Cobalamin)	13.90 microgram (mcg)	8.67 microgram (mcg)
Choline	339.22 milligram (mg)	425.54 milligram (mg)

ESSENTIAL NUTRIENTS – MINERALS

RECIPE NUTRIENT AMOUNT

NRC RECOMMENDED ALLOWANCE

<i>NRC Essential Nutrient Guidelines for Adult Dog Maintenance</i>	<i>Per 19oz (538g) & 1000 kcal</i>	<i>Per 1000 kcal</i>
Calcium	1.21 gram (g)	1.00 gram (g)
Phosphorus	1.02 gram (g)	0.75 gram (g)
Magnesium	179.48 milligram (mg)	150.19 milligram (mg)
Potassium	1.64 gram (g)	1.00 gram (g)
Sodium	382.97 milligram (mg)	200.25 milligram (mg)
Chloride	574.46 milligram (mg)	300.38 milligram (mg)
Iron	10.73 milligram (mg)	7.51 milligram (mg)
Copper	1.89 milligram (mg)	1.50 milligram (mg)
Zinc	24.76 milligram (mg)	15.02 milligram (mg)
Manganese	1.24 milligram (mg)	1.20 milligram (mg)
Selenium	114.54 microgram (mcg)	87.61 microgram (mcg)
Iodine	250.00 microgram (mcg)	220.28 microgram (mcg)